

ANGELA LENHARDT

HIGH
PERFORMANCE
COACH



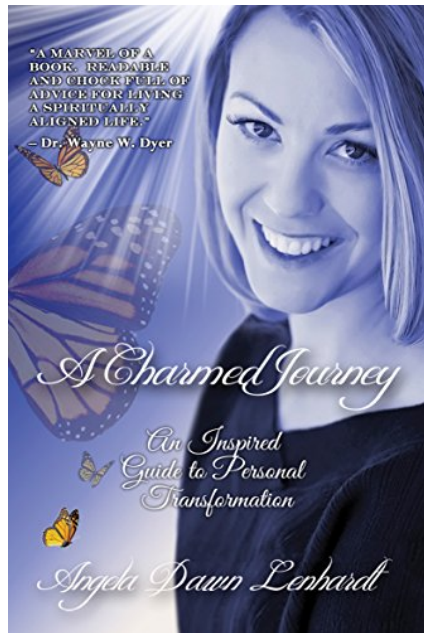
*A Motivational
Speaker & Corporate
Coach...*

Angela Will Inspire Your Employees To:

- Achieve personal breakthroughs
- Eliminate unproductive routines and patterns
- Stimulate creativity
- Increase productivity
- Effectively handle stress
- Use tools for positive communication
- Understand non-verbal cues
- Boost morale
- Promote teamwork
- Strategically accomplish goals
- TAKE ACTION
- Motivates and inspires employees and managers
- Builds effective rapport and communication between managers and employees
- Understands the human dynamics of customer service through the experience of being a business owner
- Uses various theories of management and leadership
- Partners with clients to identify and achieve goals
- Maintains professional relationship with clients
- Strives to help others succeed

Whether you are looking for a full-time trainer to teach your curriculum within your organization, hire an “in house” performance coach, or speak during an event or executive retreat, Angela will help you meet your organization’s needs.

<https://angelalenhardt.com>



Angela
Lenhardt

*Motivational
Speaker, Corporate
Coach & Author*

Learn about Angela's own transformation from growing up on a small farm in rural Montana to becoming the person she is today in her book *A Charmed Journey*, which is available on Amazon.

Background

Angela Lenhardt began her career in business management working at the Coeur d'Alene Resort in Coeur d'Alene, Idaho. From there, she pursued a passion in interior design that provided her with the experiences needed for coordinating events, time management, and meeting deadlines. After a series of life changing circumstances, Angela's life took an unexpected turn. This turn inspired her to travel abroad to study alternative healing techniques and meditation, which guided her in becoming a best-selling author, an inspirational storyteller, and owning a private healing and consulting center in Denver, Colorado.

Angela's coaching style is unique as she brings together the knowledge from previous work experiences as a bartender, floral designer, spa manager, event planner, and fundraiser to assist her clients in better understanding the mind/body connection and the hidden power of non-verbal communication. Angela coaches her clients in moving beyond their current limitations and provides clear strategies for accomplishing an organization's mission and objectives.

Angela obtained a degree in Business Management and Finance with a minor in Communication from the University of Northern Colorado.

Angela has an impressive list of clients whom have been impressed with the results they received. Testimonials available upon request.

Contact Information

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*Let Angela help your
employees succeed!*

Keynote Speaker for Stress Management in the Workplace



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Keynote Topics Include:

- ❖ *A Positive Mindset*
- ❖ *Adapting to Change*
- ❖ *The Art of Listening to Body Language and Non-Verbal Communication*

Angela's most requested keynote topics are the importance of a positive mindset, the art of listening to body language, and how to effectively adapt to change.

In today's world, it's essential to have the skills needed to gain self-development and personal empowerment for making "good" decisions. Acquiring valuable communication tools, and learning ways to control the mind, can impact how individuals interact within their organization when dealing with stress-related issues that can influence the entire organization. There is nothing more powerful than a forward-thinking mind combined with a clear vision and intention for achieving favorable results.

Angela drives home two key messages to her audience: Maintaining a positive mental attitude during times of uncertainty is the key to creating a successful future; and the importance of learning how to listen to unspoken words in this ever-changing environment.

THIS PRESENTATION WILL LEAVE YOUR AUDIENCE FEELING INSPIRED FOR SUCCESS!

Learning Objectives:

- The art of listening and how to understand hidden cues for making good decisions
- How to overcome fear and persevere through challenges in life
- Discover the hidden power of non-verbal communication
- Be inspired and motivated to reach your highest potential

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