

## **“TRIGGER THE WONDER HORSE: MEMOIR OF A SPIRITUAL WARRIOR” TELLS STORY OF A SPECIAL SPIRITUAL CONNECTION & BOND BETWEEN AUTHOR AND HORSE**

### **Angela Lenhardt Highlights How the Power of Prayer Coupled with Mastering Life Lessons May Lead to Miracles**

Denver, CO (October 2024): The relationship between human and animal is a fascinating connection --- especially when looking beyond the rational mind. By welcoming God’s intervention, there is that opportunity to care for an animal in order to work on and heal aspects of individuality by recognizing what is being mirrored back on a deeper emotional level.

*Trigger the Wonder Horse: Memoir of a Spiritual Warrior* is Angela Lenhardt’s true story of faith, intuition, coupled with uncertainty and struggle resulting in unexpected and Divine miracles. This bond taught her communication, boundaries, priorities, respect and most importantly, unconditional love. She, in turn, brings those lessons to her readers.

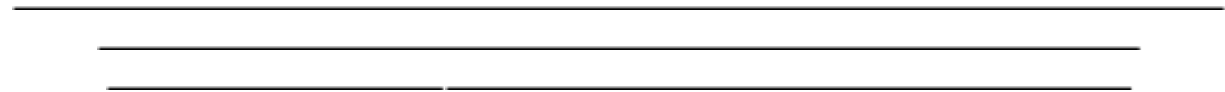
According to Angela, “When life gets you down and you’re faced with uncertainty and fear, God is always present.”

Trigger and Angela’s adventures began after the traumatic loss of her horse, Bailey. Angela had sworn that she’d never own another horse as she didn’t want to have to endure that type of heartbreak ever again but God had other plans for her life.

She received information of a horse that was being abused and in desperate need of a new home.

Angela rescued that palomino, quarter horse, Trigger. While Angela saved Trigger --- she feels he rescued her. This powerful relationship began with a lesson in trust. Angela asking God and His angels for help. One afternoon, while on a walk to the park, Trigger has gotten away from Angela and furiously began running towards the barn. As he was encroaching a busy two-lane highway, moments before Trigger leapt into traffic, he was rescued by a woman, who appeared out of nowhere and guided Trigger back to Angela.

Another supernatural experience occurred when Angela thought that Trigger was at the end of his life. Trigger had been struggling from a debilitating hoof injury and his future looked bleak. Angela decided to have Trigger euthanized. As she leaned down and whispered in Trigger’s ear, “Are you ready to go meet God?” Trigger mustered up the strength to stand up and run away from Angela as fast as he could. In that moment, Angela knew Trigger wanted to live --- that he wasn’t ready to die. However, Angela did whatever it took to provide Trigger with the necessary “tools” his hoof needed to properly heal so that he could live his best life.



“Trigger taught me that it takes dedication, commitment and persistence to achieve goals and live a purposeful life,” according to Angela. “Strength comes from within and

at any given moment you get to decide who you want to be and how you choose to show up for others.”

As Trigger and Angela’s earthly journey was coming to an end, Angela was given “signs” offered by mother nature in combination to listening to her intuition that led her to believe Trigger’s time was limited. Based on Angela’s personal experience with how God worked in previous situations in her life, these omens provided peace and comfort when Trigger made his transition into the Heavenly realm.

***Trigger the Wonder Horse*** is a story about hope that is aligned with the Biblical principles, morals and values.

Angela knows that God’s voice holds the key for a miracle to manifest at any time or any place. Trust. Look for the “signs” that are revealed before your eyes. Sometimes, those “signs” will show up in the most unexpected place or from the most unexpected stranger.

***Trigger the Wonder Horse: Memoir of a Spiritual Warrior*** is available on Amazon:  
<https://www.amazon.com/Trigger-Wonder-Horse-Memoir-Spiritual/dp/B0CP3S498F>

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